

Russell Bears start school daily at 8:25. The playground is supervised starting at 8:15.

Students should arrive after 8:15 and remain outside until the a.m bell rings.



BEAR NEWS

RUSSELL SCHOOL NEWSLETTER

May 2017

Russell Family Resource Center | 728-2400 ext. 4846 | frcrussell@mcps.k12.mt.us

Hey Russell Bears, go to the Russell web page for calendars, menus, teachers' notes, and more!

www.mcpsmt.org/russell



Important Dates in May

May 1-5th—Celebrating our Teachers! It's Teacher Appreciation Week!

May 2—PTO Meeting 6:00 in the library

May 2—School Election Day. Mail in your ballot!

May 2—Last day: Big Brothers and Big Sisters of Missoula After School program. See you next school year!

May 4—Last day: Parks and Recreation 4th/5th grade After School program. See you next school year!

May 12—Kindergarten Roundup. **No School Kindergarten only!**

May 13—Chipotle fundraiser all day. 2995 N Reserve Street

May 16-19—Montana State Special Olympic games

May 17—Special Olympic Montana Summer Games Opening Ceremony:

6:30-8:30pm Washington Grizzly Stadium

May 19—Science Fair, all day in the gym! Come check out the awesome projects

May 26—No School

May 29—No School: Memorial Day

THE WHIZPOPS!

save the date!

SAVE THE DATE!!! FREE!!!

When: Thursday, June 1st, 5:30pm

The Whizpops will be at Russell School

Weather permitting we will be outside!

Field Trips

This time of year Russell Teachers will be scheduling various fieldtrips and other extracurricular activities. They are not only designed to enhance student learning but also to celebrate student success at Russell School.

Our hope is that all of our students will be eligible to participate in these events. However, academic progress and grades, attendance, behavior and homework completion will weigh heavily in the decision of whether or not your child will participate with their class.

A Russell Bear Be is to attend school each day and to be on time. It is expected that Russell Bears follow the Russell School rules, and complete homework consistently up until the last day of school.

Thank you for supporting us in our efforts to help all students succeed at Russell School.

If an adult family member would like to attend a field trip with your child. Please visit the MCPS Volunteer portal on the MCPS website to complete a volunteer application.

www.mcpsmt.org => Departments => Volunteer Resources



Head Lice: what you need to know

Since head lice is not uncommon in school age children, the district wants to remind parents of resources and the school procedures which are located on the district website student services → health services → head lice. You may also contact the family resource centers or the school nurse for written information or resources.

Remember that:

- People usually don't have symptoms of having head lice for several weeks after becoming infested. A common symptom is itching which is also common with dandruff and dry skin.
- People get head lice from other infested people mostly when they have head to head contact as head lice do not fly, swim or jump.
- It's easier to treat head lice when found "early" so checking hair for head lice at home is important for any symptoms or even periodically.

Popcorn: Last day May 12th

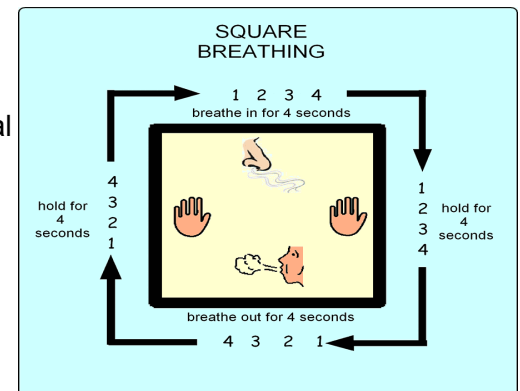


- **Last day for popcorn is Friday May 12th**
- Popcorn is 25 cents a bag, students can buy up to 2 bags
- Please send exact change to school on Thursday or Friday, homeroom teachers will collect change
- Thank you for supporting the Extended Resource program at Russell School

The Mindful Student

Russell Bears have you been able to share a breathing technique introduced to you by Ms. Culkin, our School Counselor? Sometimes we all just need a few mindful moments to help us with calming. Here is a technique that you can practice as a family. This is a tool that students can use to help get their bodies and minds back to the "Green Zone". The Zones of Regulation "Green Zone" means we are cool, calm, relaxed and ready to do what is expected.

Square Breathing – Inhale through the nose as you draw a horizontal line with your finger or hand. Exhale through the mouth as you draw a vertical line. Repeat until you have drawn a square. Draw different size squares and repeat as needed.



Chipotle Mexican Grill Fundraiser

Saturday, May 13th is the Russell School/ Chipotle Mexican Grill Fundraiser. Chipotle will donate 50% of proceeds on this day to our school!

When paying with the cashier say, "I'd like my purchase to counts towards the Russell School fundraiser". It's that easy!!!

Help us to spread the word! Friends, family and families that attend other schools can help us fundraise!

Chipotle in Missoula is located at: 2995 N Reserve St



Families in Transition

Did you know that a family or student living in a **temporary housing situation** might be eligible for education support services under the McKinney-Vento Act?

A child may qualify as homeless if s/he is:

- Living in an emergency shelter, domestic violence shelter, or transitional housing;
- Living in a motel/hotel or campground;
- Living in a car, park, public place or other structure not meant for housing;
- Doubled up with relatives or friends due to a loss of housing and economic hardship;
- Living in kinship care (not a legal guardian);
- Unaccompanied youth (if their living situation meets the above criteria);
- Living in substandard housing (living without electricity, cooking facilities, running water).

How can I access McKinney-Vento services?

If you feel your child or family meets one or more of the qualifications to receive services provided by the McKinney-Vento Homeless Assistance Act, and your child is currently or will be enrolled in an MCPS school, please contact the Russell Elementary School FRC (Family Resource Coordinator) for more information or for assistance with determining eligibility.

The Russell FRC can be reached at: 728-2400 ext. 4846. The FRC is located at the end of the primary hallway nearest to the Kindergarten classrooms.

After School Programs

The 4th/5th grade Parks and Recreation Program (meets in the gym) will be having their last day of program on Friday May 4th. Parents please plan accordingly!

The last day for Big Brothers and Big Sisters of Missoula after school program will Tuesday May 2nd.



Kindergarten Transition (Formerly Roundup)

When: May 12th—You will be assigned an attendance time once your Kindergartener is registered.

Where: Your Neighborhood School

Who: Children age 5 on or before September 10, 2017

No School for Kindergarten only on this day!

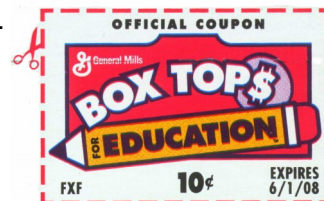
Early Outs and No School

Every Thursday during the school year is an early out. Grades K-3 dismiss at 2:00 and grades 4,5 dismiss at 2:30. **No School: Friday May 26th and Monday May 29th.**

Kindergarten only: No School May 12th

Library News and Box Tops

Save your Box Tops. Look for these Box Tops on hundreds of products. They come in all shapes and sizes and each one is worth 10¢ for our school. Students may bring them to the library.



Summer Food Program

Beginning Monday, June 12, summer meals are available at four Missoula locations to children ages 18 and younger at no cost. No sign up required, students just need to stop by one of the following sites:

Jefferson: 1700 South Ave West

Headstart: 1001 Worden Street

Chief Charlo: 5600 Longview

Russell: 3216 South Russell



Breakfast will be served 8:30-10:00 and lunch is served 11:00-1:00 Monday-Friday.

Missoula Fresh Market

Want to help Russell School raise money by doing something most of us already do? Missoula fresh market donates 1% of all transactions when you notate "Russell" on the top of your receipt when paying.

Simply write Russell on the top of your receipt and hand it back to the cashier. You can ask for a second or duplicate receipt to take with you. It's that easy!



Family Involvement

The Russell School/Barnes & Noble bookfair raised thousands of dollars for our school! Thank you to all that shopped! Our next fundraiser is May 13th at Chipotle Mexican Grill. Just mention Russell when paying. All of the funds stay at Russell School and benefit our students.

Next Meeting: Tuesday, May 2nd at 6:00pm in the Library

Can't make our meetings? Help us make sure that you are on our email list: ptorussell@yahoo.com and like us on Facebook: Russell Bears Parent Group